








Nov-09

Burlington High School

Monday	Tuesday	Wednesday	Thursday	Friday
2 Crispy Chicken Wrap Dipping sauce Potato Puffs Vegetable Chilled Fruit Milk	3 Professional Development No School	4 Meatball Sub French Fries Vegetable Chilled Fruit Milk 	5 Mac & Cheese Vegetable Fresh Fruit Milk	6 Cheese or Pepperoni Pizza Tuna Sandwich with Potato Chips Tossed Salad Chilled Fruit Milk 
9 Chicken Nuggets French Fries Vegetable Chilled Fruit Milk	10 Rib B Que Sub Pasta Salad Veggie Dippers Fresh Fruit Milk	11 Veterans Day No School 	12 Pasta w/ Butter or Meat sauce Tossed Salad Fresh Fruit Milk 	13 Assorted Subs Potato Puffs Tossed Salad Chilled Fruit Milk
16 Chicken Terriyaki Dippers Dipping sauce French Fries Vegetable Chilled Fruit Milk	17 Nacho Grande Rice Vegetable Fresh Fruit Milk 	18 Tuna Sub Turkey & Cheese Sub Potato Puffs Vegetable Chilled Fruit Milk	19 BBQ Pulled Pork Coleslaw Fresh Fruit Milk	20 Parent Conferences No School
23 Popcorn Chicken Mashed Potato Corn Chilled Fruit Milk 	24 Rotini with Sauce & Meatballs Wheat Bread Broccoli Pineapple Milk Vanilla Pudding	25 Half Day No Lunch Served	26 Thanksgiving 	
30 Crispy Chicken Wrap Dipping sauce Potato Puffs Vegetable Chilled Fruit Milk		<u>Available Daily</u> Cookies - \$.25 / \$.50 Ice Cream - \$.25 / \$.50 Fresh Fruit - \$.50 Variety of Snacks - \$.25 / \$.50	<u>Alternate Lunch Daily</u> Fresh Salad Cereal with Yogurt Bagel w/ topping & Cheese Stick Cheese Pizza Peanut Butter & Jelly Peanut Butter & Fluff	Make checks payable to: Burlington School Food Service Lunch Tickets 10 for \$ 25.00 Milk Tickets 10 for \$ 5.00

What's in a meal for \$2.50

Each day students may choose one entrée (all entrée's include a meat and a bread), 2 fruit/vegetable and a mil

Entrée - includes 1 meat and 1 bread - students may take 1 per mea

Fruits and Vegetables - A variety of fresh and canned fruit and vegetables will be available daily - students may take 2 per mea

Milk - A variety of fat free white, low fat white and flavored low fat milk will be available daily - students may take 1 per mea

Questions & comments to Paul Virgin Food Service Director @781-270-1899

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